

Open with a moment of silence followed by the Serenity Prayer

Service Prayer – Tim

12 Traditions – Walt

12 Concepts – Dave

Introductions

**Dan GSR MIR**

**Paul C GSR Stepping into recovery**

**Amber S GSR Living Clean**

**Bill K GSR Sowing the seed**

**Joel D GSR recovery in progress**

**Walt GSR Swinging into recovery**

**Pam M GSR JFT Cranbrook**

**Jaruy GSR Ripple effect**

**Mike D GSR Simple way of life**

**Kalle P GSR ALT Free to be**

**Miranda GSR Beltline**

**Joel H GSR Serenity Sundays**

**Dave G GSR Fresh Start**

**Jake D GSR The Path**

**Pat Conscience JFT**

**Stephen GSR Night Vision**

Ashley Interested member

Gina RCM

Gloria Secretary

Andy ALT GSR Living Clean

Troy Q interested member – can send changes to meeting list to him in chat

Shane Treasurer

Ron Literature

Tim Chair

Laura P

Quorum met?

Yes

Approval of previous minutes

Accepted

Group reports

**Dan GSR MIR** – averaging 7-8 people per meeting. Everyone is wearing masks. Gave a \$100 donation.

**Paul C GSR Stepping into recovery.** - see attached

**Amber S GSR Living Clean** – Area contribution \$272.37 Good attendance 20-30 per meeting. Attendance has increased since BMLT. New home group members. Now have a ALT GSR.

**Bill K GSR Sowing the seed** – Meetings are going well with an average attendance of 30 people, which is an increase from about 15 people, since the zoom ID was put up on NA.org. I would say that the frequency of new people, or people coming back, has increased too. We are certainly seeing more visitors. As far as “Zoom Bombing” goes we are not seeing any significant issues since we adjusted our hosting procedures. We try to have at least 2 home group members with co-hosting duties and delegate duties to the hosts prior to the meeting starting. One host is typically assigned the duty of watching for

disruptive behavior and deal with it as soon as possible (put them in the waiting room or remove them). We try to have a bit of a conversation with people who do come in early to make sure they are there for recovery. We believe these efforts have enabled us to provide a safe place for recovery while providing a wide variety of recovery messages. We hold our business meetings on the 2<sup>nd</sup> Wednesday of the month just after the regular NA meeting. We have been getting great attendance (11 at last meeting) at our business meeting. The home group has a variety of people hosting and chairing our meetings today. Our group treasurer automatically sends any funds over our prudent funds, to the area. We are trying to get this accomplished monthly. Our birthday chairperson has sent our home group birthdays to the newsletter already but here is the upcoming birthdays: March 17–Chelsea M celebrates 18 months March 19–Jeff D celebrates 15 years March 22–Alicia S celebrates 1 year. I do have a group conscience for the election at region.

**Joel D GSR recovery in progress** – steady attendance 7-10 people. Some newcomers. Still in person. Blaine B is taking 1 year on March 10<sup>th</sup>.

**Walt GSR Swinging into recovery** – see attached

**Pam M GSR JFT Cranbrook** – steady 12 people attending. Maxime G taking two years in two weeks. Meet Wednesday at 7 PM at eagles hall.

**Jaruy GSR Ripple effect** – 20 people per meeting. Good out of town attendance.

**Mike D GSR Simple way of life** – group is doing well. Attendance is 10-20 on average. Getting some international members.

**Kalle P GSR ALT Free to be** – attendance has been consistent 20 people per meeting. Some out of town attendance. Working on getting our own bank account.

**Miranda GSR Beltline** – having in person meetings. 25-30 people. Tuesdays and Fridays. Speaker meeting last Friday of every month.

**Joel H GSR Serenity Sundays** – new meeting 7 PM Sundays. Question and answer format. Going to a hybrid meeting format.

**Dave G GSR Fresh Start** – Fresh Start attendance is slowly growing; averaging between 9 to 12 addicts at our in-person meetings. Still meeting twice weekly, each Friday at 8:00PM and Sunday at 7:00PM. Peter Loughheed Centre enforces rigorous masking and sanitization rules, so we welcome members from other groups who may want to attend an in-person meeting, especially in the NE. No contribution for Area for February, but we have a business meeting later this week and expect we will have funds to contribute soon. Dave G. takes 7 years on Friday, March 26th.

**Jake D GSR The Path** – still meeting in person Mondays at 7:30. Things are going well 8-12 people in attendance. Will be placing literature order.

**Pat Conscience JFT** – Meet Mondays 15-25 people in attendance.

**Stephen GSR Night Vision** – in person meeting Saturdays. 30+ in attendance.

**Ian McG GSR Pathways to serenity.** Donation to area. Meeting is going well.

### Admin reports

Chair Tim R – see attached

Vice Chair – empty position

Secretary Gloria – none

Treasurer Shane – see attached

RCM Gina – see attached

Literature Ron – see attached

Break 15 minutes

### Sub committees

PR Amber – see attached

H&I – see attached

Outreach Joel H – see attached

Activities Brian – see attached

Convention – open position – none

### Old Business

Request for financial statement of bank account for convention account. Shane will get it to Ron.

### New Business (Information Discussion Topics)

Voting for RCM regional convention chair Jay (service resume was included in last months minutes)  
Yes this area gives its support for Jay

GSR assembly online and increasing the budget.

Do we want to have a GSR assembly in our area? Conscience was yes

Decreasing the regional GSR assembly budget from \$3700 to \$500. Conscience was yes.

Location to hold literature. - renting an office space to store literature or do we combine literature depot with meeting space rental. This issue was discussed. Was suggested to create an Ad-hoc committee to come back with costs regarding this. This was originally discussed as a location for Area service meetings and literature storage. Ad-hoc committee was requested to be formed. Walt, Ron S, Bill K, Shane, and Paul volunteered for this committee.

Raising the area prudent reserve from \$2000 to \$3000. This was discussed for and against.

There was no proposal for this so it was tabled. Tim urged GSR's to take this discussion back to groups.

Seeing the treasurer report before ASC. Shane spoke to this – his reports are not current before the ASC meeting so they would not be accurate and he would have to make addendum to the reports. Also mentioned to have the admin and sub committee reports go out to the admin and GSR's before ASC so that they can review and ask questions during area to cut down on overall area meeting time as they wouldn't have to read their report during ASC.

Proposal is to have the admin and sub-committee's have their reports into the secretary 5 days prior so that the secretary can send them out to the admin for review. It was discussed. It was suggested to have a back door on the web site to upload the reports and then the admin and sub-committee's could access them before area.

This was tabled due to time.

### Nominations / Elections

Open Positions/Nominations

Vice chair – no nominations

Convention chair – no nominations

RCM Alt – no nominations

### Announcements

see attached for newsletter (also in GSR reports)

Close Meeting with 3<sup>rd</sup> Step Prayer 9:10 PM

Next ASC will be **March 22<sup>nd</sup> at 6:30 pm** via zoom <https://us02web.zoom.us/j/8379948457>