SUNDAY

Calgary

10:00AM LIFE HAPPENS 2.0, Bowness Community Association, 7904 43 Ave NW, Calgary, AB, T3B 4P9 (O,BT,D,To)

2:00PM HOPE HEART HUMILITY, Journey Church, Enter through door facing Eamon Rd., 10307 Eamon Rd NW, Calgary, AB, T3G5H2 (O,BT,St,Tr,BK)

7:00PM FRESH START, Peter Lougheed Hospital, Auditorium (Basement Level), 3500 26 AVE N.E., Calgary, AB, T1Y 6J4 (O,JT,WC) The 4th Sunday of the month is a speaker meeting 7:00PM ONLINE LIFE HAPPENS, Virtual, This meeting is

currently held online, Calgary, AB,
(O,BT,D,WC,BK,CW,WEB,NP,VM)
https://us04web.zoom.us/j/89767635990 ZOOM ID: 89767635990
7:00PM SERENITY SUNDAY, Faith Calgary Church, Enter

through side door, 1903 19 AVE N.W., Calgary, AB, T2M 1B8 (O,B,D,Ti,WC,YP,AB,ME,QA,CW)
7:30PM KEEPING IT REAL, Sunwest Church, Meeting held in

basement | Ring bell for access; use back door off Midpark Blvd., 260 Midpark BLVD S.E., Calgary, AB, T2X0A1 (O,D,JT,NP)

Canmore

6:00PM CASCADE OF HOPE, Boardwalk Building, 743 Railway Ave., Canmore, AB, T1W 1P2 (O)

Cochrane

7:00PM WELCOME HOME, All Saints Anglican Church, Parrish House Building - Basement, 404 - 4th Ave. N, Cochrane, AB, T4C 1E4 (O,To,CW,SPAD) Fellowship pot luck/social, last Sunday of each month @ 6:00PM

Lethbridge

1:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, (O,D,To,WC)

Medicine Hat

7:00PM COURAGE TO CHANGE, ARC Building, In Person Only, 337 Division Ave N, Medicine Hat, AB, T1A 5Z2 (O,D,St,Tr,WC)

Sparwood

7:30PM SPARWOOD NA, Sparwood Union Hall, BIG GREEN BLDG, 140 Spruce Ave., Sparwood, BC, V0B 2G0 (O,D,JT,WC,HY) NOW HYBRID Zoom ID: 942 6163 4780 Passcode: 136279

MONDAY

Calgary

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,JT,WC)

6:30PM BLACK KEYS, CKE Community Centre, 1015 73 Ave SW, Calgary, AB, (C,RF,To,BK) Alternating NA Literature
6:30PM RAGE AGAINST THE DISEASE, Emmanuel Community Church, 3003 28 St SE Calgary, AB, T2R, 374 (O, R, To, WC)

Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,To,WC)
7:00PM JUST FOR TODAY, Hounsfield Heights - Briar Hill Comm
Assoc, 1928 14 Ave NW, Calgary, AB, T2N 1M5
(O,D,St,Tr,WC,BK,CW,CP,NP)

7:30PM THE PATH, Oak Park Church of Christ, Front entrance Main lobby, 11263 Oakfield Drive S.W., Calgary, AB, T2W 4M2 (C,CL,D,St,To,WC,BK)

Golden

7:00PM GOLDEN GROUP OF NARCOTICS ANONYMOUS, Golden Museum, 1302 11th Ave, Golden, BC, V0A 1H2 **(D,WC)** *NOTE!...NEW TIME*

Invermere

7:00PM MONDAY MOMENTUM, Invermere, BC, **(0,B,WC,NS,VM)** *Meeting is now ZOOM ONLY Zoom ID: 772 6822 4234, Passcode: 4ZqPXP*

Medicine Hat

NOON MINDFUL MONDAYS, Alano Club, 466 MacLeod Trail SE, Medicine Hat, AB, T1A 4H7 (O,JT,To,SPAD)

TUESDAY

Airdrie

7:00PM RECOVERY IN PROGRESS, Lutheran Church of the Master, 216 Main ST S.E., Airdrie, AB, T4B 3K3 (O,BT,D,WC,CW,NP)

Calgary

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (**0,D,JT,WC**)

NOON LIVING CLEAN, Central United Church, Enter from 7 Ave. Main doors - Room #3 Downstairs, 131 - 7 Ave SW, Calgary, AB, T2P 0W5 (O,D,JT,WC,BK,LC) CLOSED ON HOLDAYS 7:30PM BELTLINE SERENITY, St. Giles Presbyterian Church, Downstairs | back door, 1102 23 AVE NW, Calgary, AB, T2M 1T7 (O,BT,D,Tr,WC,BK,CW) Numbered Basic Text Book Study

7:30PM MIRACLES IN RECOVERY, Foothills Lutheran Church, Basement Entrance, 3104 34 AVE N.W., Calgary, AB, T2L 2A3 (O,CL,D,IP,To,WC,BK,CW,NP) Midpoint break

Drumheller

8:00PM GRACE HOUSE RECOVERY, Grace House, 175 - 3 Street W, Drumheller, AB, T0J 0Y4 (O)

Invermere

6:00PM THE RECOVERY CIRCLE OF NARCOTICS ANONYMOUS, Shuswap Band Health Centre, Basement Level, 9975 Kinbasket Trail, Invermere, BC, V0A 1K2 **(0,JT,To,WC)**

Lethbridge

7:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, (O,D,To,WC)

Medicine Hat

7:00PM WE DO RECOVER, Fifth Avenenue Memorial United Church, 476 - 4 St SE, Medicine Hat, AB, T1A 0K9 (O,B,D,WC,FC)

WEDNESDAY

Calgary

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,JT,WC)

3:00PM COMING HOME, Montgomery Community Association, In the boardroom, 5003 16th Ave NW, Calgary, AB, T3B0N2 (O,CW) 7:00PM BOYS TO MEN, Grace Baptist Church, Room C105, 2670 Radcliffe Dr SE, Calgary, AB, T2A 7M2 (C,M,WC,BK,LC)

7:00PM COURAGE TO CHANGE WOMEN'S MEETING, Temple B'nai Tikvah, SW Doors, 900 - 47 Ave. SW, Calgary, AB, T2S 3C8 (W,WC,QA,LC) Outdoor meetings possible, weather permitting 7:00PM STEPPING INTO RECOVERY, Southwood Community

Centre, 11 Sackville Drive S.W., Calgary, AB, T2W 0W3 (O,BT,D,NP,SPAD)

Cranbrook

7:00PM JUST FOR TODAY, Eagle's Hall, Back Door Entrance, 715 Kooteney ST N., Cranbrook, BC, V1C 3V1 **(O,D,JT,To,WC)**

Medicine Hat

NOON NOT ALONE, Alano Club, 466 Maclead Trail SE, Medicine Hat, AB, T1A 0K3 (O,BT)

Okotoks

7:00PM BIG ROCK RECOVERY, Okotoks United Church, West Door Upstairs, 43 Riverside Drive, Okotoks, AB, T1S 0J2 **(O,BT,JT,To,CW)**

Standoff

5:30PM SPIRIT OF HOPE, Spirit of Hope Community House, #729 Townsite, Standoff, AB, TOL 1Y0 (To)

THURSDAY

Calgary

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,JT,WC)

THURSDAY (CONT)

9:00AM MORNING MIRACLES, Hounsfield Heights Briar Hill Comm Assoc, 1928 14th Ave NW, Calgary, AB, T2N1M5 (O,D) NOON LIVING CLEAN, Central United Church, Enter from 7 Ave. Main doors - Room #3 Downstairs, 131 - 7 Ave SW, Calgary, AB,

Main doors - Room #3 Downstairs, 131 - 7 Ave SW, Calgary, AB, T2P 0W5 (O,D,JT,WC,BK,LC) CLOSED ON HOLDAYS
7:00PM NEVER ALONE, Fresh Start Recovery Centre, Main

Boardroom -Parking available at Rona - East side of 41 Ave., 411 - 41 Ave NE, Calgary, AB, T2E 2N4 (O,BT,St,Tr)
7:00PM PATHWAYS TO SERENITY, Emmanuel Community

Church, 3003 28 ST S.E., Calgary, AB, T2B 2Z3 (O,D,JT,To,WC,CW,NP) 'Just For Today' meeting format 7:00PM THE WALTZ, 408 38 St SW, Calgary, AB, T3C 1T1

(O,B,BT,D,Ti,WC,NP) Focused on Steps 1,2 & 3 8:00PM ONLINE LIFE HAPPENS, Virtual, This meeting is currently held online, Calgary, AB,

(O,BT,D,WC,BK,CW,WEB,NP,VM) https://us04web.zoom.us/j/89767635990 ZOOM ID: 89767635990

Hanna

8:00PM EASY DOES IT, Bethel Evangelical Church, Basement Entrance, 702 Centre Street, Hanna, AB, T0| 1P0 (O,WC)

Invermere

6:00PM THE RECOVERY CIRCLE OF NARCOTICS ANONYMOUS, Shuswap Band Health Centre, Basement Level, 9975 Kinbasket Trail, Invermere, BC, V0A 1K2 (O,To,WC,LC)

Lethbridge

7:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, (O,D,To,WC)

FRIDAY

Calgary

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,JT,WC)

7:00PM FRESH START, Peter Lougheed Hospital, Auditorium (Basement Level), 3500 26 AVE N.E., Calgary, AB, T1Y 6J4 (O.B.WC)

7:00PM THE STEP FAMILY, New Brighton Residence
Association, RING BELL AT THE GATE FOR ENTRY, 2 New Brighton
Drive SE, Calgary, AB, T2Z-4B2 (O,D,RF,WC) Spiritual Principle A

7:30PM BELTLINE SERENITY, St. Giles Presbyterian Church, Downstairs | back door, 1102 23 AVE NW, Calgary, AB, T2M 1T7 (O,BT,D,Tr,WC,BK,CW) Format alternates week by week

Canmore

7:30PM CASCADE OF HOPE, Virtual, This meeting is currently held online, Canmore, AB, **(O,D,JT,WC,BK,WEB,VM)** https://us04web.zoom.us/j/6217332811 Zoom ID: 6217332811 PSWD: cohna

Drumheller

8:00PM SPREADING YOUR WINGS, Badlands Community Facility, Room 132, Small Multipurpose Room, 80 Veterans Way, Drumheller, AB, T0J 0Y2 (O,BT,CL,D,SD,To,Tr,WC,BK,CW)

Medicine Hat

8:00PM LIFE SAVERS, Alano Club, 466 Macleod Trail S.E., Medicine Hat, AB, T1A 2M9 **(O,D,To)**

SATURDAY

Airdrie

7:00PM RECOVERY IN PROGRESS, Lutheran Church of the Master, 216 Main ST S.E., Airdrie, AB, T4B 3K3 (O,D,To,WC,CW,NP,SPAD)

Calgary

7:30AM SIMPLE WAY OF LIFE - BREAKFAST MEETING, Phil's Restaurant, 3210 17 Ave SE, Calgary, AB, T2A 0P9 (O,BT,Ti,AB) Breakfast at 7:30. Meeting at 8:00AM

SATURDAY (CONT)

8:00AM AMNA, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 (O,D,JT,WC)

11:30AM SHARING HOW, St. Stephen's Anglican Church, Basement | doors locked look for greeter, 1121 14 Ave SW, Calgary, AB, T2R 0P3 (O,RF,Ti,WC)

7:00PM NIGHT VISION. River Park Church. Meeting is held downstairs, 3818 14A ST S.W., Calgary, AB, T2T 3Y2 (O,BT,CL,D,JT,SD,To,WC,BK,CW,NP)

8:30PM KEEPING IT REAL, Sunwest Church, Meeting held in basement | Ring bell for access; use back door off Midpark Blvd., 260 Midpark BLVD S.E., Calgary, AB, T2X0A4 (O,D,JT,NP) NOTE: NEW TIME

Medicine Hat

10:00AM FACE THE WORLD, Alano Club, 466 McLeod Trail, Medicine Hat, AB, T1A 0K3 (O,BT,BK) MEETINGS BEGIN ON OCTOBER 4th

MEETING FORMAT LEGEND			
В	Beginners	BT	Basic Text
С	Closed	CL	Candlelight
D	Discussion	IP	Informational Pamphlet
JT	Just for Today	М	Men
0	Open	RF	Rotating Format
St	Step	Ti	Timer
То	Topic	Tr	Tradition
W	Women	WC	Wheelchair
YP	Young People	BK	Book Study
NS	No Smoking	AB	Ask-It-Basket
ME	Meditation	QA	Question and Answer
CW	Children Welcome	CP	Concepts
WEB	Online Meeting	LC	Living Clean
VM	Virtual Meeting	NP	No pets
FC	Free chair	HY	HY
SPAD	A Spiritual Principle a Day	SD	Speaker/Discussion

AREA PHONE LINE

Chinook Area Phone Line 1 877 463 3537

COMMITTEE MEETINGS

ZOOM MEETING ID: 837 994 8457 OR USE CALGARY ZOOM DIAL IN 587-328-1099

Area Service Committee (ASC)
HYBRID - ZOOM & 3003 28 St SE, Calgary (Emmanuel Community Church) Meets 4th Tuesday of the month, 6:30PM - 9:00PM

CHAIRPERSON: asc.chair@chinookna.org TREASURER: asc.treasurer@chinookna.org

Literature Committee ZOOM Only

Meets 2nd Saturday of the month 10AM-11AM asc.literature@chinookna.org

Hospitals & Institutions (H&I)

HYBRID YWCA 1715 17 Ave SE or Zoom Meets 1st Wednesday of the month 7:00 - 8:30PM

hospitals.institutions@chinookna.org

Activities Committee ZOOM Only

Meets 1st Tuesday of the month from 7:00 - 8:00PM asc.events@chinookna.org

Outreach Committee ZOOM Only - Meetings currently suspended

outreach@chinookna.org

Public Relations Committee ZOOM Only

Meets 2nd Wednesday of the month 7:00 - 8:30PM public.relations@chinookna.org

PHONE NUMBERS



What is our message?

The message is that an addict. any addict, can stop using drugs, lose the desire to use. and find a new way to live. Our message is hope and the promise of freedom.

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CHINOOK AREA **MEETING SCHEDULE OCTOBER 2025**

Use this QR Code for the most up to date meeting information



24 HOUR PHONE LINE 1 877 463 3537

chinookna.org

Changes to meeting list of website? Email web.servant@chinookna.org

KEEP COMING BACK. IT WORKS.

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what Ask your Higher Power to keep you clean Come early and stay late Get a home group Go to 90 meetings in 90 days Read NA literature daily Get and use a sponsor Use the PHONE

Meetings Weekly: 61