

SUNDAY**Calgary**

10:00AM LIFE HAPPENS 2.0, Bowness Community Association, 7904 43 Ave NW, Calgary, AB, T3B 4P9 **(O,BT,D,To)**

2:00PM HOPE HEART HUMILITY, Journey Church, Enter through door facing Eamon Rd., 10307 Eamon Rd NW, Calgary, AB, T3G5H2 **(O,BT,St,Tr,BK)** For July 7 & 14, Meeting held in the Fireside Room, Main Floor

7:00PM FRESH START, Peter Lougheed Hospital, Auditorium (Basement Level), 3500 26 AVE N.E., Calgary, AB, T1Y 6J4 **(O,JT,WC)** The 4th Sunday of the month is a speaker meeting

7:00PM ONLINE LIFE HAPPENS, Virtual, This meeting is currently held online, Calgary, AB, **(O,BT,D,WC,BK,CW,WEB,NP,VM)** <https://us04web.zoom.us/j/89767635990> ZOOM ID: 89767635990

7:00PM SERENITY SUNDAY, Faith Calgary Church, Enter through side door, 1903 19 AVE N.W., Calgary, AB, T2M 1B8 **(O,B,D,Ti,WC,YP,AB,ME,QA,CW)**

7:30PM KEEPING IT REAL, Sunwest Church, Meeting held in basement | Ring bell for access; use back door off Midpark Blvd., 260 Midpark BLVD S.E., Calgary, AB, T2X0A1 **(O,D,JT,NP)**

Canmore

6:00PM CASCADE OF HOPE, Boardwalk Building, 743 Railway Ave., Canmore, AB, T1W 1P2 **(O)**

Cochrane

7:00PM WELCOME HOME, All Saints Anglican Church, Parrish House Building - Basement, 404 - 4th Ave. N, Cochrane, AB, T4C 1E4 **(O,To,CW,SPAD)** Fellowship pot luck/social, last Sunday of each month @ 6:00PM

Lethbridge

1:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, **(O,D,To,WC)**

Medicine Hat

7:00PM COURAGE TO CHANGE, ARC Building, In Person Only, 337 Division Ave N, Medicine Hat, AB, T1A 5Z2 **(O,D,St,Tr,WC)**

Sparwood

7:30PM SPARWOOD NA, Sparwood Union Hall, BIG GREEN BLDG, 140 Spruce Ave., Sparwood, BC, V0B 2G0 **(O,D,JT,WC,HY)** NOW HYBRID Zoom ID: 942 6163 4780 Passcode: 136279

MONDAY**Calgary**

NOON SOWING THE SEED - ONLINE, Calgary, AB, **(O,D,JT,BK,WEB,VM)** <https://us04web.zoom.us/j/81085471274> Zoom ID: 810 8547 1274

6:30PM BLACK KEYS, CKE Community Centre, 1015 73 Ave SW, Calgary, AB, **(C,RF,To,BK)** Alternating NA Literature

6:30PM RAGE AGAINST THE DISEASE, Emmanuel Community Church, 3003 28 St SE, Calgary, AB, T2B 3V4 **(O,D,To,WC)**

7:00PM JUST FOR TODAY, Hounsfield Heights - Briar Hill Comm Assoc, 1928 14 Ave NW, Calgary, AB, T2N 1M5 **(O,D,St,Tr,WC,BK,CW,CP,NP)**

7:00PM SWINGING INTO RECOVERY 2SLQBTQ+, St. Stephen's Anglican Church, 1121 14 Ave SW, Calgary, AB, T2R 0P3 **(O,B,D,GL,JT,Ti,To,YP,CW,NP,LGBTQ+)**

7:30PM THE PATH, Oak Park Church of Christ, Front entrance| Main lobby, 11263 Oakfield Drive S.W., Calgary, AB, T2W 4M2 **(C,CL,D,St,To,WC,BK)**

Golden

7:30PM GOLDEN GROUP OF NARCOTICS ANONYMOUS, Golden Museum, 1302 11th Ave, Golden, BC, V0A 1H2 **(D,WC)**

Invermere

7:00PM MONDAY MOMENTUM, Invermere, BC, **(O,B,WC,NS,VM)** Meeting is now ZOOM ONLY Zoom ID: 772 6822 4234, Passcode: 4ZgPXP

Medicine Hat

NOON MINDFUL MONDAYS, Alano Club, 466 MacLeod Trail SE, Medicine Hat, AB, T1A 4H7 **(O,JT,To,SPAD)**

TUESDAY**Airdrie**

7:00PM RECOVERY IN PROGRESS, Lutheran Church of the Master, 216 Main ST S.E., Airdrie, AB, T4B 3K3 **(O,BT,D,WC,CW,NP)**

Calgary

NOON LIVING CLEAN, Alexandra Centre Society, Rose Room, 922 - 9th Ave. SE, Calgary, AB, T2G 0S4 **(O,D,JT,WC,BK,LC)** Enter via North Entrance

7:30PM BELTLINE SERENITY, St. Giles Presbyterian Church, Downstairs | back door, 1102 23 AVE NW, Calgary, AB, T2M 1T7 **(O,BT,D,Tr,WC,BK,CW)** Numbered Basic Text Book Study

7:30PM MIRACLES IN RECOVERY, Foothills Lutheran Church, Basement Entrance, 3104 34 AVE N.W., Calgary, AB, T2L 2A3 **(O,CL,D,IP,To,WC,BK,CW,NP)** Midpoint break

Drumheller

8:00PM GRACE HOUSE RECOVERY, Grace House, 175 - 3 Street W, Drumheller, AB, T0J 0Y4 **(O)**

Lethbridge

7:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, **(O,D,To,WC)**

Medicine Hat

7:00PM WE DO RECOVER, Fifth Avenue Memorial United Church, 476 - 4 St SE, Medicine Hat, AB, T1A 0K9 **(O,B,D,WC,FC)**

WEDNESDAY**Calgary**

NOON SOWING THE SEED - ONLINE, Calgary, AB, **(O,D,JT,WC,BK,WEB,VM)**

<https://us04web.zoom.us/j/81085471274> Zoom ID: 81085471274

3:00PM COMING HOME, Montgomery Community Association, In the boardroom, 5003 16th Ave NW, Calgary, AB, T3B0N2 **(O,CW)**

7:00PM BOYS TO MEN, Marlborough Park Community Association, Upstairs - Park Lounge, 6021 Madigan Drive NE, Calgary, AB, T2A 5C9 **(C,M,WC,BK,LC)** Men's Living Clean book study format

7:00PM COURAGE TO CHANGE WOMEN'S MEETING, Friend's Church, 900 - 47 Ave. SW, Calgary, AB, T2S 3C8 **(W,WC,QA,LC)** Outdoor meetings possible, weather permitting

7:30PM STEPPING INTO RECOVERY, Southwood Community Centre, 11 Sackville Drive S.W., Calgary, AB, T2W 0W3 **(O,BT,D,NP,SPAD)**

Cranbrook

7:00PM JUST FOR TODAY, Eagle's Hall, Back Door Entrance, 715 Kooteney ST N., Cranbrook, BC, V1C 3V1 **(O,D,JT,To,WC)**

Medicine Hat

NOON NOT ALONE, Alano Club, 466 Maclead Trail SE, Medicine Hat, AB, T1A 0K3 **(O,BT)**

Okotoks

7:00PM BIG ROCK RECOVERY, Okotoks United Church, West Door Upstairs, 43 Riverside Drive, Okotoks, AB, T1S 0J2 **(O,BT,JT,To,CW)**

THURSDAY**Calgary**

9:00AM MORNING MIRACLES, Hounsfield Heights Briar Hill Comm Assoc, 1928 14th Ave NW, Calgary, AB, T2N1M5 **(O,D)**

NOON LIVING CLEAN, Alexandra Centre Society, Rose Room, 922 - 9th Ave. SE, Calgary, AB, T2G 0S4 **(O,D,JT,WC,BK,LC)** Enter via North Entrance

7:00PM NEVER ALONE, Fresh Start Recovery Centre, Main Boardroom -Parking available at Rona - East side of 41 Ave., 411 - 41 Ave NE, Calgary, AB, T2E 2N4 **(O,BT,St,Tr)**

7:00PM PATHWAYS TO SERENITY, Emmanuel Community Church, 3003 28 ST S.E., Calgary, AB, T2B 2Z3 **(O,D,JT,To,WC,CW,NP)** 'Just For Today' meeting format

8:00PM ONLINE LIFE HAPPENS, Virtual, This meeting is currently held online, Calgary, AB, **(O,BT,D,WC,BK,CW,WEB,NP,VM)** <https://us04web.zoom.us/j/89767635990> ZOOM ID: 89767635990

Hanna

8:00PM EASY DOES IT, Bethel Evangelical Church, Basement Entrance, 702 Centre Street, Hanna, AB, T0J 1P0 **(O,WC)**

Lethbridge

7:00PM NEW BEGINNINGS, Chinook Recovery Centre, Use back alley entrance - right side, silver door, 408 13th Street North, Lethbridge, AB, **(O,D,To,WC)**

FRIDAY**Calgary**

NOON SOWING THE SEED - ONLINE, Calgary, AB, **(O,D,JT,WC,BK,WEB,VM)**

<https://us04web.zoom.us/j/81085471274> Zoom ID: 81085471274

7:00PM FRESH START, Peter Lougheed Hospital, Auditorium (Basement Level), 3500 26 AVE N.E., Calgary, AB, T1Y 6J4 **(O,B,WC)**

7:00PM THE STEP FAMILY, New Brighton Residence Association, RING BELL AT THE GATE FOR ENTRY, 2 New Brighton Drive SE, Calgary, AB, T2Z-4B2 **(O,D,RF,WC)** Spiritual Principle a Day (SPAD) Reading

7:30PM BELTLINE SERENITY, St. Giles Presbyterian Church, Downstairs | back door, 1102 23 AVE NW, Calgary, AB, T2M 1T7 **(O,BT,D,Tr,WC,BK,CW)** Format alternates week by week

Canmore

7:30PM CASCADE OF HOPE, Virtual, This meeting is currently held online, Canmore, AB, **(O,D,JT,WC,BK,WEB,VM)** <https://us04web.zoom.us/j/6217332811> Zoom ID: 6217332811 PSWD: cohna

Drumheller

8:00PM SPREADING YOUR WINGS, Badlands Community Facility, Room 132, Small Multipurpose Room, 80 Veterans Way, Drumheller, AB, T0J 0Y2 **(O,BT,CL,D,SD,To,Tr,WC,BK,CW)**

Medicine Hat

8:00PM LIFE SAVERS, Alano Club, 466 Maclead Trail S.E., Medicine Hat, AB, T1A 2M9 **(O,D,To)**

SATURDAY**Airdrie**

6:00PM RECOVERY IN PROGRESS, Lutheran Church of the Master, 216 Main ST S.E., Airdrie, AB, T4B 3K3 **(O,D,To,WC,CW,NP,SPAD)**

Calgary

8:00AM SIMPLE WAY OF LIFE - BREAKFAST MEETING, Phil's Restaurant, 3210 17 Ave SE, Calgary, AB, T2A 0P9 **(C)**

11:30AM SHARING HOW, St. Stephen's Anglican Church, Basement | doors locked look for greeter, 1121 14 Ave SW, Calgary, AB, T2R 0P3 **(O,RF,Ti,WC)**



**CHINOOK AREA
MEETING SCHEDULE
MARCH 2025**

Use this QR Code for the most up to date meeting information



**24 HOUR PHONE LINE
1 877 463 3537**

chinookna.org

Changes to meeting list of website? Email
web.servant@chinookna.org

**KEEP COMING BACK. IT
WORKS.**

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

Meetings Weekly: 54