

Reports March 2018

Activities report

Hi everyone! Thank you to everyone who came out and supported the Sponsor/Sponsee spaghetti dinner! We had a turnout of 40 people! We need to return a few things to Costco before we know the amount of money we made, but it looked like at least \$100. I will talk to Beltline Serenity to see if they would like us to use any profits to reimburse their group for the \$75 the church charged for the venue. I was excited to hear that there was so much discussion around Activities at last month's ASC. At March's Activities meeting there were several people there who had never come to an activities meeting, the extra support was awesome! One of the suggestions was to have activities planned further in advance and to sell tickets for the events ahead of time. There are 2 posters here tonight, one for Laser Tag in April and one for bowling in May, there are 20 tickets for each event. I have my phone number on the posters as a contact to purchase tickets. I thought I could accept e-transfers, or arrange to meet people at meetings, I could give some tickets to the committee members as well. I wasn't sure what the best way to sell tickets was. To book space in advance for 20 people I had to pay the full amount for Laser Tag, (\$376.95), and for bowling I need to put down a deposit of %50 which was \$160. I was able to afford it this time, but I don't know if I will be able to afford that later in the year. The activities bank account is sitting at \$557.22. Before I came on as coordinator the activities bank account would be topped up to \$1200 at the beginning of the year. I have not asked for a top up in the 2 years I have been coordinator, we didn't need it. My only concern now is that if we decide to book for 20 people for the events that require a deposit the activities account cannot cover the deposits. Could we discuss topping up the account?

Thank you!

Jayne L.

Hospitals and Institutions

Hey everyone, my names Addison and I am an addict
This is the report for Hospitals and Institutions for March 2018
Overall, we had some good attendance at this meeting. 4 members attended the meeting at 630pm to be orientated, followed by 3 more members joining for the business meeting after.
Panel leader reports:

Renfrew

Hi, Renfrew report for h&I. Average of 18 - 20 people in the room, I bring 3 people to share and usually have an observer as well, it's normally not a problem to get people to share, literature is still good, I have been getting a good response from the staff at Renfrew as they mentioned that the clients are more responsive to our presentation than the other fellowships that go to Renfrew. Yours in service, Brent G

Sunrise

Things are going well at Sunrise with no serious problems to report. We typically have 2 or 3 people + chairperson on the panel. Quite often someone will cancel so this helps to ensure we still have a panel even if we do get a cancellation. We average about 30 clients per meeting. The clients are attentive and appreciate is coming in. On occasion the staff

can't find the literature rack. Another note to make is that quite often there will be a client or clients that recognize one or all of us. I am going to address this more clearly in orientation prior to meeting.

Thanks for allowing me to be of service, Bill K
Landers

Went to Landers a few weeks ago now, all went well. Brought one member to share with me, they carry a good message although they were a lot more detailed about the life story and less on how they came to NA. I will discuss that with them when I next speak with them. The staff there mostly remember me and are always cordial. I think there were about 15 clients in attendance and they seem interested to hear about NA, and getting to meetings. There were more questions afterwards than near the end of the presentation. That's normal I think. I also feel that it may be a good idea if we concentrate a bit more on the first three steps in the presentation as they may be a bit more appropriate for the clients.

The literature rack was in good order. I think that whoever goes next time should bring some current meeting lists as the ones that they have are likely outdated. Mike G
Aventa

Hello all, I hope all is well with everyone at the table. Aventa is going well. Since our last meeting we have been able to maintain our commitment by bringing in five speakers and one observer. The attendance averages 42 women as it is a mandatory meeting. As of yet we have never had any complications with the facility or the clients. In regards to complications with the speakers this last month I did receive feedback from a chair person I had to fill in, that one of our speakers negated to acknowledge many of our dos and don'ts. I have yet to have a conversation with this person but do plan to, if to just give her an idea of the importance of a unified message. I myself am not entirely concerned and suspect it could have been just an off day as so many of us have from time to time. I don't believe it would hurt to start putting a little gas on getting people orientated at the table. Other than that, I believe that is all I have to report for this month. For the most part things are going well, Thanks a bunch! Yours in service Cody I

At the meeting we came to a couple conclusions. First and foremost, Alpha house is now a full panel meeting run by Hospitals and Institutions, with meetings being held every other Thursday at 8pm till 9pm. Currently we have a member willing to fill the position but this does mean the position is available for a member to chair the meeting full time, please join us at our business meeting for more information.

Aventa will also be trying out a new format for the next few weeks, a topic discussion meeting to allow some of the facilities clients to participate and hear new ideas of what our members think. A topic will be chosen before the meeting and speakers can share on this topic if they choose, ideas would be, sponsorship, H.O.W., and certain steps. This is just a trial run but maybe we can implement this in more of our facilities in the following months. I have also talked with a member who has been going into Renfrew to bring meetings inside, I have previously brought this up but anyways we have communicated and he is willing to join us at our meeting to talk about the dos and don'ts of the program, and

converse more about the meeting being held inside. I will bring more back to the table when I can.

And lastly we ended the night with conversation about involving members in H and I, this would mean having workshops, building brochures, increasing meeting recruitment and inviting speakers to join us at our business meeting, all in hopes to build a bigger and more unified service body. Hopefully we can create something great that people in this area want to get involved in. I lied, now lastly about the spring into service workshop. Dates and times have been confirmed. It will be held at this church (First Baptist church downtown) on Saturday May 5th, there will be a poster drive that starts at 1pm, but we will be meeting at 1230 with a few members to speak on public relations and the dos and don'ts of where we can hang our posters. There will also be a potluck, starting at 430, we will need members interested in bringing food, so please can you ask your homegroup who would be willing to bring things, and have them specify if it is an appetizer, dinner plate or dessert. A person can also email me at Hospitals. Institutions@chinookna.org, with what they would like to bring as well as any questions. I have brought posters for people to bring back to the groups and to let people know early of the event planned. There will be speakers and event on all the service bodies our area provides as well as information about them and an orientation from H and I.

Open Positions at H and I

Renfrew - Every other Friday from 7pm to 8pm

Landers - Every other Tuesday 8pm to 9pm

Alpha House - Every other Thursday from 8pm to 9pm

Sunrise - Every other Thursday (opposite of Alpha) 8pm - 9pm

Aventa - Will be open in May, they are held every other Wed 630pm to 730 pm All women's facility only Thanks and I'm sorry for such a long report as always, yours in service Addison

Web Servant and meeting list

Hello friends in recovery,

My name is Mike BA and I'm an addict.

I have been continuing to take care of updates and maintenance of our Chinook NA website. This includes updating our minutes archive, events, meetings, and our monthly GSR reporting form. It took a bit of digging but I have finally found the code responsible for the shopping cart and it has been removed from the website. I have also introduced a new NA Literature tab on the main page to allow groups to easily find information on putting in orders. The map and instructions to meet at the storage locker have been removed and updated to include order forms, the e-mail address for ASC Literature and instructions on attaching the order form to the outgoing e-mail. I have ordered 920 meetings lists for our Chinook area this month with no changes in ordering from last month. Instructions on how to enter the building at "A Simple Way of Life" have been updated on the website and the meeting lists. Effective April 2nd the Monday night meeting "Just for Today" will meet half an hour earlier, with a new start time of 7PM. The meeting lists have been updated and the website reflect this once their final meeting at the old time finishes this evening. I have made sure to change this month to April to reflect the upcoming month of meetings. 2017 was my first Christmas as Meeting List Coordinator and as

we did not have an ASC meeting in December, I was putting the current month of printing on the front. Sorry about the confusion and this has been corrected going forward.

Last but not least, can I please ask that any GSR's that are aware of upcoming holiday closures e-mail them to meetings@chinookna.org two weeks prior to the ASC and I will make sure to have those updates on the printed lists and the website. At this point for Easter weekend, if you e-mail them to me, I can certainly update the website. If groups are unable to collect their lists at the ASC, I please ask that you make alternative arrangements by sending an e-mail as well.

This is all for now and thank you for allowing me to be of service. Cheers, Mike BA

Literature Chair Report

Greetings to all my brothers and sisters in the Chinook Area of Narcotics Anonymous, I'm an addict and my name is Ian. The Literature Committee's current bank balance is \$1,208.76 not including a few of the outstanding orders that will be paid today. We have \$17,644.85 in current literature inventory and since the beginning of January 2018 we've ordered \$2993.51 in literature supplies from the WSO and we've sold \$2,282.30 in literature to Chinook Area groups. The literature depot is fully stocked with supplies for 2018 and we hope to reduce our current inventory significantly moving forward throughout the year. If we compare our current 2018 numbers with 2017; group literature sales totals for all of 2017 were only \$5,359.96 and WSO literature resupply orders were \$4,371.27. Based on our current 2018 group sales numbers, our current inventory should reduce by an average of about \$1,000/month. Moving forward for 2018 we hope to develop a regular schedule for placing WSO literature orders monthly, or semi-monthly and would be grateful if the groups that require specialty items, place their orders at the ASC or by the first day of each month to insure their orders are shipped & ready for pick-up by the following ASC. If specialty items are not ordered in advance, discounted shipping rates and timely delivery of specialty items may not be possible by expected dates. We've been elected by members of the Chinook Area to serve the Chinook Area groups; we're doing our best to serve all groups in a timely fashion and are accountable to the Groups we serve. The Chinook Area Literature Committee is growing slowly; we meet monthly at 11:30 in the hall where the Ripple Effect Group meets on the Sunday before each ASC. We still have a strong core group of 4 committed individuals, with a couple others on the fence, and one person has expressed some interest in maybe starting up a newsletter committee. If you're interested in the newsletter committee, writing a column, submitting stories, or are just interested in knowing more, please contact me through our webmail at; asc.literature@chinookna.org

Y.I.S.

Literature Committee Chair

Ian

Chair

Hello everyone, my name is Justin and I'm an addict.

Going into our meeting tonight we do not have any discussion Items tabled from last month.

We will be accepting nominations for the position of Secretary tonight, as well as holding an election for the position of RCM Alt.

In regard to the member holding un recognized H&I meetings in the Reman center. Addison and I were unable to get a hold of him to speak with him before I left on my trip. Addison did manage to after I left which he will report on.

YIS

Justin C

RCM Report

Welcome to all my name is Tim R and I'm an addict as well as your Regional Committee Member (RCM). Hope everyone is enjoying your spring so far, this will be a short report as we don't meet until next month at the combined regional/Central Saskatchewan convention in Saskatoon April 6th -8th

The CAR (conference agenda report) surveys are due back tonight so that I can compile the results for the RD team at said regional meeting. Thank you all who took part in this survey as it's the homegroup's that inform NAWS what we would like to have them do for us. I have been going over the CAT (conference approval track) and we will also be discussing it at the region so be prepared for more information at the next ASC.

There are STILL open positions at the Regional table if anyone is interested, Secretary and a Public Relations spot. If you or anyone you know might be interested please let me know, or ask about why you should do service at the next level. I will also be requesting my travel expenditures for our trip to the regional meetings, this coming weekend's meetings will also include an extra day as the convention attendance is a requirement for all regional members. I however think that the region will pick up the extra cost for this, not 100% sure of this. I would like to thank all members who took part in the workshop prior to last month's ASC, it was well attended. I would also like to thank both presenters for doing a wonderful job.

Lastly just some quick fun facts about what's going on at NAWS. Firstly, the WORLD CONVENTION OF NA (WCNA 37 MAGIC IS STILL REAL is being held in Orlando Fl Aug 30th -Sept 2nd where there will be 30 thousand addicts seeking recovery, so start making plans now. Last year NAWS's total income was \$1,103,679, the average over last 3 years was \$955,562 nice figures right, but did you know that the 7th was only 13% of these totals. Most of the income comes from the sale of our literature, so keep buying either for yourself or your sponsees as this will guarantee to keep our fellowship alive and well.

That's it for me, thanking you all for letting me be a part of your recovery as well as your regional member. Yours in service Tim R.